



MIND G R O W I N G

FLEXIBLE TAILOR-MADE OFFER  
FOR ONLINE LEADERSHIP SUPPORT  
AND DEVELOPMENT  
BUILDING BLOCKS THAT CAN BE COMBINED  
INTO AN EFFECTIVE, HIGH-VALUE OFFER

# GETTING THE BUS BACK ON TRACK!

## ONE-TIME TRACKING SESSION



This is a 1.5 hour individual workshop for leaders who want to gain traction on a certain situation or problem.

For example:

- What do I do to handle a current situation?
- Something is holding me back...
- I want a better understanding of the forces influencing my role!
- My team is not flowing, what is happening?
- ...and many more.

Using mainly online visualization techniques, my professional specialty, I will work with you to help you get a better understanding of your situation and the way forward.

# THE BOOST THAT HELPS YOU CONNECT PEOPLE WORLDWIDE

ONLINE INSPIRATIONAL WORKSHOP



An inspirational online session for a larger group or a team based on my book, Mind Growing Leadership.

Wherever located, people will interact with one another to learn about:

- How the brain really works, and its relevance for collaboration
- Exploring your own WHY and personality
- How you can unlock effective teamwork, collaboration, communication and develop your influencing skills.

# PUTTING THE PUZZLE TOGETHER

## IN “HOW TO” GROUPS



Online workshops where, each time, a specific and concrete topic is tackled in a facilitated way.

For example...

- How to keep motivation high
- How to engage people
- How to bring your vision to life.

Each time, the number of participants may vary based on whether a topic is relevant for them. They can send in cases and questions. Based on these topics, we will choose the best facilitation method for tackling it effectively. Dealing with specific topics that impact you as a leader, as well as for you as a participant will receive reinforcement, helping you to continue to analyze and solve problems in a structured way.

# TRAVELLING TOGETHER TO A BETTER PLACE!

## ONLINE SMALL-GROUP PEER COACHING



These online facilitated fixed small groups will comprise 6 to 8 people, who start a journey to learn and develop together.

Learning groups may focus on topics such as:

- Effective leadership
- Personal growth
- Dealing with the current crisis etc.

The frequency and duration of an online session can be discussed, but most often, they take between 1 and 1,5 hours every 2 to 3 weeks.

# ONLINE LEADERSHIP LESSONS

A SERIES OF INDEPENDENT WORKSHOPS ON  
DIFFERENT TOPICS



These are independent interactive workshops with exercises. In each workshop, I cover a separate topic on leadership. People can subscribe for the workshops that are of interest to them. For example:

- How to motivate people
- Learn and Practice GROW, a simple tool to coach people
- The Law of Influence, how to influence the behavior of your people
- Your ABC (Ambition, Boundaries, Coaching) as a Leader, Get it Sharp
- Conducting difficult conversations

# A SPARRING PARTNER THAT MOVES YOU FORWARD!

ONLINE INDIVIDUAL COACHING



In recent months, I have perfected my online coaching tools, specially designed to guide people in their growth as a leader. And with great, demonstrated results!

While online coaching differs from real-life coaching, it has great advantages. In my experience, it allows for a more practical coaching journey, shorter and more impactful sessions, and a real focus on the precise topics that are playing right now. This allows coach and coachee to “deblock” obstacles and make better progress. Online individual coaching also allows a coach to guide someone for a longer time with the same investment.

# A SEASON TICKET

## FOR SUPPORT AND COACHING

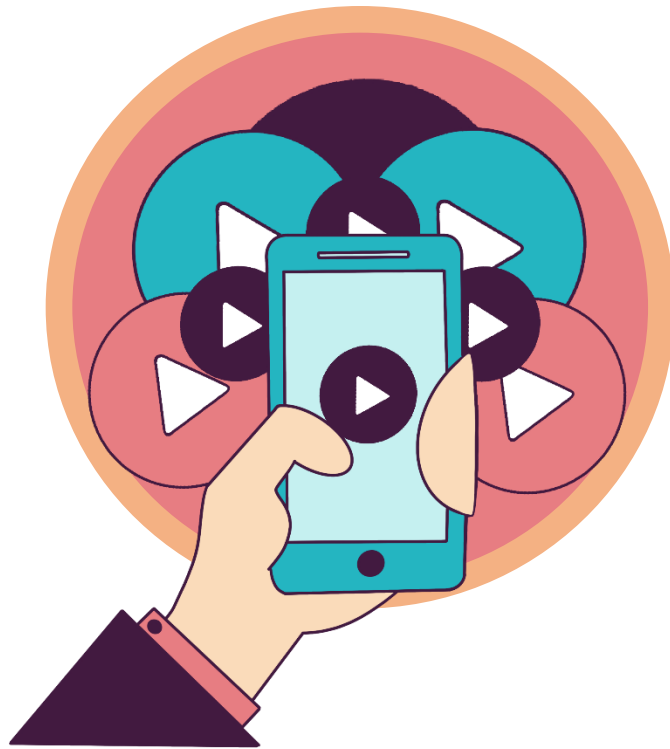


For those who would benefit from an individual approach but are not looking for a structured personal coaching there is the season ticket. This a budget of e.g. 10 to 15 coaching hours during a year to be used whenever it is useful.



# INSPIRATION AND REMINDER EVERY DAY

A TRIGGERING VIDEO STREAM



60 super-short (max 60") triggering videos that leaders will receive one daily for a longer period.

They will also receive the self-development book *Mind Growing Leadership* as insightful background for the videos. For each video, I refer to a chapter in the book.

## GROW WHILE YOU READ!

SELF-DEVELOPMENT BOOK: MIND GROWING-  
LEADERSHIP, BUILD THRIVING COMPANIES  
THROUGH PERSONAL GROWTH  
+ DOWNLOADABLE PERSONAL LOGBOOK.



Clients say:

“Mind Growing Leadership is a nice way to stop and invest in your own self development. It is a quick read with concepts designed to make you think, reflect, consider, and act.”

“A roadmap to personal growth.”

Your self-development book is also accompanied by a downloadable digital logbook full of valuable, practical exercises that you can implement right away to boost your development.